

J. JAMES THIMONS, O.D., FAAO

Dr. Thimons is a 1978 graduate of Ohio State University College of Optometry. He completed his hospital residency at the Chillicothe, VA Medical Center in 1979 and then served as Chief, Optometry Service until 1985. He then accepted the position of Center Director at Omni Eye Services, Fairfax, Virginia and served in that role until 1989 when he became Chairman, Department of Clinical Sciences at the State University of New York.

While at SUNY he developed The Glaucoma Institute, a clinical research center, and served as its first Director. In 1998, he accepted the position of Executive Director of TLC and served in that role until 2002 when he co-founded Ophthalmic Consultants of Connecticut, a multidisciplinary referral practice providing secondary and tertiary level care. Dr. Thimons has received numerous awards for his service to the profession and has over 200 hundred publications in Glaucoma, Dry Eye, Cornea and External Disease as well as Refractive Surgery and New Technologies. He is a nationally and internationally acclaimed Speaker and Educator and an acknowledged leader in ophthalmic clinical education. He serves in professorial appointments at several universities in the US and has been a clinical investigator in over 20 NIH, NEI and Post Release Clinical Trials.

In 1999, he was awarded Optometry's Top Educator and was selected as one of the Top Ten Clinician's of the decade. In 2002, he founded the National Glaucoma Society, a NFP with Executive offices in Andover, Massachusetts, that provides educational and clinical development services to primary care clinicians worldwide in the area of glaucoma management. In 2005, he was inducted into the Optometry Hall of Fame and has recently served as President, Connecticut Association of Optometrists. In 2013, Dr. Thimons was selected as the Top Eye Doctor in Fairfield County.

J. JAMES THIMONS, O.D., FAAO

EDUCATION

Veterans Administration Medical Center, Chillicothe, Ohio Resident; Hospital Optometry	July 1978 – July 1979
Ohio State University, College of Optometry, Columbus Ohio Doctor of Optometry	June 1978
Miami University, Oxford Ohio Bachelor of Arts, Chemistry	1973
Pennsylvania College of Optometry Course in Ocular Therapeutics	1988
IAB Therapeutic Certification	1988

ADDITIONAL ACADEMIC EXPERIENCE:

Veterans Administration Medical Center, Chillicothe, Ohio Externship	June 1977 – August 1977
Ohio State University, College of Optometry Research Assistant (Dr. James Sheedy)	1977-1978

PROFESSIONAL EMPLOYMENT

Medical Director, Founding Partner, Ophthalmic Consultants of Connecticut 75 Kings Highway Cutoff Fairfield CT	October 2002- present
Director, TLC Connecticut	September 1998 – 2002
State University of New York State College of Optometry Director, Glaucoma Institute	January 1997 – Sept. 1998
Chairman, Department of Clinical Science Director of Professional Services	October 1988 to December 1997
Director of Externship Programs OMNI Eye Services, Fairfax, VA Center Director	October 1988 to December 1997
VA Medical Center, Chillicothe, Ohio, Service Chief	1985-1988 1979-1985

HOSPITAL COMMITTEES

1. Medical Center Quality Assurance
2. Medical Service Credentialing Committee

COLLEGE COMMITTEE APPOINTMENTS

1. Chair, Clinic Council
2. Member, Deans Council
3. Member, Course and Standing Committee
4. Chair, Continuing Education Committee

UNIVERSITY AND TEACHING APPOINTMENTS

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|--|-------------------------|
| 1. Ohio State University, College of Optometry | 1979-1986 |
| 2. Director, VA Optometry Residency Program | 1979-1986 |
| 3. Pennsylvania College of Optometry
Adjunct Associate Clinical Professor | September 1986- Present |
| 4. SUNY, State College of Optometry
Tenured Associate Professor | August 1988-Sept. 1998 |
| 5. Pacific University, College of Optometry | 1995-present |
| 6. MCO Adjunct Clinical Professor | 2013-present |
| 7. Inter-American University | 2008-present |
| 8. ICO Adjunct Clinical professor | 2008-present |
| 9. NECO | 2005-2009 |
| 10. University of Melbourne | 2007-present |
| 11. MCPHS Adjunct Clinical Professor | |

ACADEMIC ACTIVITIES

1. Instructor of Record, Visual Fields, Second Year.
2. Instructor of Record, Post-Operative Co-Management Course, Fourth Year.
3. Instructor of Record, Examiner Laser Certification Course, Fourth Year.
4. Instructor, Glaucoma Course, Third Year.
5. Coordinator, Summer Foreign Student Externship

AWARDS

1. Directors Service Commendation, VAMC Chillicothe, Ohio
2. NYSOA Leadership Award
3. Connecticut Optometric Association, Presidents Award
4. NJOA, Special Recognition Award for Outstanding Service
5. NYSOA Distinguished Service Award
6. Connecticut Association of Optometry Distinguished Service Award
7. Armed Forces Optometric Society, Certificate of Appreciation
8. George Comstock Award for Distinguished Service
9. AOA Special Service Award
10. Optometrist of the Decade
11. National Optometric Educator of the Year 1999
12. Australian Optometric Association Service Award
13. Optometry Hall of Fame 2005
14. Colorado Glaucoma Society, Clinician of the Year 2009

15. Connecticut Association Optometrist of the Year 2015
16. Top Optometrist of Fairfield County, CT 2015

GRANTS & CLINICAL TRIALS

1. Principle Investigator, Glaucoma Institute for Clinical Research and Education, CIBA Ophthalmics, \$250,000.
2. RESTORE Registry, Ocular Surface Study comparing Restasis to Tears
3. Inspire Protocol 031-404 2005-6
4. Phase IV Clinical : Acular LS vs. Nevanac for Post Surgical CME 2006
5. GSPS, Allergan Glaucoma Clinical Trial 2006-7
6. Corneal Staining in Contact Lens Solutions, Alcon Phase IV 2006
7. An Acute Comparison of Corneal Staining and Comfort Associated with Marketed Multipurpose Lens Care, Alcon 2007
8. Multiple Sclerosis Phase 4 trials, Ophthalmic Study site for Associated Neurologists of Southern Connecticut 2008-present
9. Optic Neuritis Trial: 2008-present. Ophthalmic Study site for ANSC
10. MS Trial: Relapsing-remitting MS 2010-present: Ophthalmic Study site for ANSC
11. MS Trial: Safety & Tolerability of Oral agent in treatment of relapsing forms of MS; Ophthalmic Study site for ANSC
12. Phase III study of RO4917838 in stable patients with persistent, predominant negative symptoms of schizophrenia .Research Center for Clinical Studies, Norwalk, CT
13. Prospective Consumer Preference Study for the TearLab Osmolarity System. TearLab Inc, San Diego, CA 2010
14. Pre-Surgical Hyperosmolarity & Treatment with AMO Blink Tears Predicts Refractive Outcomes; Co-investigator. ARVO accepted 2012
15. Ocular Therapeutix. Resure Sealant: Post cataract wound treatment. Sub PI
16. Tear Osmolarity Assessment with Blink Tears. PI 2012
17. Glaukos II Stent Trial. Sub PI 2012

PROFESSIONAL ORGANIZATIONS

- | | |
|--|----------------|
| 1. Fellow American Academy of Optometry | 1982 - Present |
| 2. American Optometric Association | 1978 - Present |
| 3. National Association of VA Optometrists | 1980 - Present |
| 4. Beta Sigma Kappa | 1978 - Present |
| 6. Connecticut Optometric Association | 1988 – Present |
| 7. Prentice Society | 1989 – Present |
| 8. Optometric Glaucoma Society | 2002- Present |
| 9. National Glaucoma Society | 2003- Present |

PUBLICATIONS

Editor

1. TPA Assessment – A Clinical Text, Editor, Anadem Publishing.
2. Clinical Editor, Optometric Management
3. ABO Certification Study Manuel: Co- Editor

Chapters

1. “Special Testing” – London, Richard, et al. Lippencott. Chapter Author; “Neuro-ophthalmic Diagnostic Imaging”, 1988.
2. “Graves Disease: Background and An Unusual Case – Primary Care, Thimons, J.J., 1989.
3. “Trends and Developments/Keeler Instruments Company Video Binocular Indirect Ophthalmoscope Camera-Clinical Eye Care, Thimons, J.J., 1990.
4. “Grand Rounds: Low Tension Glaucoma-Optometry Clinics, Alexander, Larry, Fingeret,

- Murray, Jennings, Barbara. Thimons, J.J. 1991.
5. "Comparison of the Dicon TKS-4000 with the Allergan Humphrey Field Analyzer" Clinical Eye and Vision Care, Lewis, Alan L., Kelly. Sharon, Thimons, J.J., 1991.
 6. "A New Approach to Glaucoma Treatment" –Review of Optometry, Thimons, J.J., 19
 7. "Co-Management/Are You Working With The Right Surgeon?-Optometric Management Thimons, J.J. 1991
 8. "Menopausal-Related Dry Eye(Case Studies)-QD Dialogues, Thimons, J.J., 1991.
 9. "Trends and Developments/The Octopus 123 by Interzeag-Clinical Eye Vision Care, Thimons, J.J., 1991.
 10. "Trends and Developments/Topographic Modeling System TMS-1-Clinical Eye Vision Care, Thimons, J.J., 1991.
 11. "Secondary Glaucomas"-Thimons, J.J. College of Optometry, 1994.
 12. "Disease Update: Tuberculosis" – Review of Optometry, Thimons, J.J. 1994(?)
 13. "Non-Specific Viral Conjunctivitis"-Onofrey et al. Ocular Therapeutics, Chapter author, Lippencott.
 14. "Glaucoma" – Optometry Clinics, Vol. 1, Number 1. Classe, Editor. Section on Low tension Glaucoma.
 15. "The Eye in Systemic Disease" – Manual of Clinical Optometry. (chapter author).
 16. "Secondary Glaucoma" – Primary Care of Glaucomas, Appleton-Lang, Lewis, T.L.,
 17. "The Conjunctiva" – Clinical Ocular Pharmacology, Bartlett and Jaanus, Butterworth, 1995.
 18. "Argon Laser Trabeculoplasty"- Chapter Author, Litwak, A, Editor, The Glaucoma Handbook (scheduled for 1998).
 19. "Common Secondary Glaucomas" Chapter author, Primary Care of the Glaucomas, Fingeret and Lewis, 2001

JOURNALS

1. Aphakia: Possible Complications-Journal of Optometry and Physiological Optics, December 1983.
2. Presumed Ocular Histoplasmosis – Journal of Optometry and Physiological Optics. December 1983.
3. Clinical Investigation of Foveal Light Reflex: A Collaborative Study – Journal of Optometry and Physiological Optics, December 1981.
4. Congenital Retinal MacrovesSEL: A Case Report, Thimons. J.J., Istock, Timothy I-I.
5. An Overview of Ocular and Systemic Physicians; December 1988.
6. Phenothiazines: An overview of Ocular and General Side Effects – The American Journal Of Optometric Medicine, Thimons, J.J., Eckerman, Daniel R.
7. Congenital Retinal MacrovesSels: A Literature Review". V – Southern Journal of Optometry, 1988.
8. Dose Range Study of Ocular Comfort, Efficacy and Safety of Flurbiprofen in Normal Volunteers with Chlorine Induced Ocular Irritation – Submitted.
9. Graves' Disease: Laboratory Diagnosis, Primary Care Newsletter, June 1989.
10. Comparison of the Dicon TKS 4000 Autoperimeter with the Allergan Humphrey Field Analyzer; Lewis Al, Kelly S., Thimons, J.J. Clinical Eye and Vision Care, 1990
11. Erg Assessment of Visual Deficit in Glaucoma – Schnurmacher Institute of Vision Research, Yu, Jin, Zhang, Hua, Sutija, Vesna G., Horn, David, Appleman, Warren, Thimons, J.J. 1990.
12. Expansion of Clinical Training in Optometry and It's Role in Health Care Delivery- American Public Health Association, Thimons, J.J. 1990.
13. A clinical Update on Inimunomodulators – Optometry Today, September 1994
14. Digital Retinal Imaging: An Overview – Optometry Today, March 1995
15. CMIV Retinitis Treatment – Optometry & Vision Science, 1995.
16. Sharpen Your Glaucoma Management Skills, Review of Optometry, Sept 15, 1996.
17. Excimer Laser Technology Update, Optometry Today, September 1996.
18. New Perimetry Algorithm Three Times Faster Than Other Systems (Interview), Primary Care Optometry News, November 1996.

19. Courts, Community Standards Dictate Use of Technology (Interview).
Primary Care Optometry News, December 1996
20. A Question of Ethics: How Do You Choose a Cataract Surgeon?
Review of Optometry, March 15, 1997.
21. Advances in Glaucoma Diagnostic Technology,
Clinical Eye and Vision Care, July 1997.
22. What to Look for in Managing Glaucoma, Optometric Management, July 1997.
23. Two Dozen Pearls in Managing Glaucoma, Review of Optometry, July 15, 1997.
24. Optometry: A Universal Profession, Australian Optometry, Vol. 18, No. 7, July 1997.
25. Those That Can Do... And Teach, Optometry Today, July 1997.
26. Nonspecific Viral Conjunctivitis-Clinical Optometric Pharmacology and Therapeutics
Thimons, J.J., J.B. Lippincott Company.
27. Raising the Bar in Cataract and Refractive Surgery, Optometric Management 2000
28. Managing Glaucoma: The disease of Change, Optometric Management 2000
29. Differential Diagnosis and Treatment of Ocular Allergies, Optometric Management 2000
30. Co-Managing Refractive Surgery: A review of the Essentials, Refractive Eyecare 2000
31. Ocular Surface Disease Treatment: Volume 1-6, January 2004
32. New Solutions for Bacterial Resistance in the treatment of Ocular Disease : Volume 1&2 May 2004
33. Integrated Eye Care. Advanced Ocular Care; May June 2010
34. 8 Simple Steps that Keep Your Eyes Young. Women's Health Oct. 2009
35. Sleuthing Adult Onset Diplopia. Optometry Times Nov/Dec 2010
36. Pictor Imaging Fits into the Lives of Busy Practitioners/ Optometric Office July 2012
37. The Big Bad Bugs of the Cornea are getting Worse/ Review of Optometry May 2012
38. A Vision System for Children. Optometric Management March 2012
39. Topography Guided Ablation: A promising option for patients with irregular corneas. PCON Jan. 2012
40. Managing the Diabetic Patient: Advanced Ocular Care April 2013
41. Treatment Options for Ocular surface Disease. Optometric Office Feb. 2012
42. Sleep Apnea in Patients in Glaucoma. PCON September 2012
43. Ocular Therapeutics: The State of the Art/ The State of the Science. The Delaney Foundation 2013
44. Numerous articles in Non-Peer reviewed publications

POSTERS AND PAPERS

1. Vision 1 Eye Screening as Part of Mass Health Screening in an Urban Area, Augsburger, A.,
Thimons J.J., American Academy of Optometry, 1985.
2. Electroretinography in the Differential Diagnosis of X-Linked Juvenile Retinoschisis Vs.
Stargardt's Disease, Bass, S., Sherman, J., Thimons, J.J.,
The American Academy of Optometry meeting, 1989.
3. Central Pigmentary Sheen Dystrophy, Sherman, J., Noble K., Thimons, J.J.,
The American Academy of Optometry meeting, 1989.
4. Resolution of Optic Neuropathy from 20/400 to 20/20 with Little Residual Effects, Bass,
S., Sherman, J. – Richter, S., Fnimc-is, J.J., The American Academy of Optometry meeting, 1989.
5. Fluorescein Angiography Reveals Stargardt's Disease Despite Normal Fundus, The
American Academy of Optometry meeting, 1989.
6. Contrast Increment Thresholds at Different Ages, Beard, BL, Yager, D. Rosenberg,
R. Horn. D.paper to be presented in Orlando, Florida for the Optical Society of America
7. Comeal Integrity in Electroretinography-Schnurmacher Institute for Vision
Research, S.U.N.Y. State College of Optometry, Sutija. Vesna G., Libassi, D. Thimons,
J.J., 1989.
8. Contrast Increment Thresholds at Different Ages-Vision Sciences and Clinical Sciences
S.U.N.Y. – Optometry, 1989 Beard, Bettina L., Yager, Dean, Rosenber, Robert, Horn,
David, Thimons, J.J.
9. Ocular Disease-American Academy of Optometry, Bass, S., Thimons, J.J. 1989.

10. Oscillatory Potentials in Glaucoma; Sutija, V.G., Horn, D., Appleman, W., Thimons, J.J., Zhang, H., ARVO 1990.
11. Visual Sensitivity-American Academy of Optometry, Bass, S., Thimons, J.J., 1989. Thimons, J.J., Rosenberg, R. Horn, D.
12. ERG Assessment of Visual Deficit in Glaucoma: Yu, 3., Zhang, H., Sutija, V., Horn, D., Appleman, W., Thimons, J.J., ARVO 1990.
13. A 3-D View of Field Change with Decrease in Mean Luminance for Control, Ocular Hypertensive and Glaucoma Patients: Sutija, V., Zhang, H., Chin, H.P., Horn, D., Appleman, W., Thimons, J.J., ARVO 1990.
14. Effect of Light Adaptation Protocol on ERG Components and Corneal Integrity: Yang, L., Sutija, V., Libassi, D., Henahan, J., Thimons, J.J., ARVO 1990.
15. Oscillatory Potentials in Glaucoma – Schnurmacher Institute for Vision Research, S.U.N.Y. State College of Optometry, 1991 Sutija, V.G., Horn, D., Appleman, W., Thimons, J.J., Z. Hua.
16. Effect of Light Adaptation Protocol on ERG Components and Corneal Integrity, STJNY College of Optometry, Yang, L., Sutija, V.G, Libassi, D, Henahan, J.L., Thimons, J. I., 1991.
17. Oscillatory Potentials in Glaucoma-Optical Society of America, Sutija V.G, Zhang, H. Horn, D., Appleman, W., Thimons, J.J. 1991
18. Diagnosis and Treatment of Corneal Acid Burn: Thimons, J.J., Oliver, G. AAO, 1995
19. Advances in Glaucoma Diagnostic Technology: Thimons, J.J., Clinical Eye and Vision Care Elsevier Science Ireland 1997.

SELECTED PROFESSIONAL PRESENTATIONS

1. **Vision Expo East, NY, NY**
2. **Australian Association of Optometrists, Adelaide**
3. American Academy of Optometry
4. **American Optometric Association**
5. **National Glaucoma Symposium, Cape Cod**
6. **Ocular Therapeutics Cancun**
7. National Cornea & Anterior Segment Society, Washington DC
8. Colorado Glaucoma Society
9. Connecticut Optometric Association
10. Invited Keynote Address Ohio State University, Columbus
11. Inter-American University, Puerto Rico
12. British Columbia Eye Center, Vancouver
13. SECO International, Atlanta
14. American Academy of Optometry
15. California Optometric Association

PROFESSIONAL ACTIVITIES

Secretary, Ohio Hypertension Coordinating Council	1984 – 1985
Member, National Council on Health Information	1984 – 1986
Board of Directors, Virginia Affiliate, American Diabetes Assoc.	1986 – 1988
Associate Editor, J. of Amer. Coll. of Optometric Physicians	1988 – 1994
Member, SECO Board of Advisors	1991 – 2000
Member, VICA Board of Advisors	1992 – present
Member, National Glaucoma Foundation Board	1992 – 1998
Program Chairman, AOA, National Meeting	1996 - 2002
National Academy of Practice in Optometry.	2001- present
President Connecticut Association of Optometrists	2002-2004
Consultant, Gift of Sight Foundation	2003-present
Chairman, National Glaucoma Society	2003-present
Director, Urban Glaucoma Project	2013-present

BOARD APPOINTMENTS

Ophthalmic Industry

1. Twenty-Twenty Laser Centers, Vice-president of Clinical Affairs	1992 – 1996
2. CIBA Optometric, Advisory Board	1993 – 2001
3. Alcon Optometric, Advisory Board	1994 – present
4. The Laser Center (TLC) Board of Directors	1996 – 2002
5. Southern Congress of America, Advisory Board	1997 – 2000
6. Vision Council of America, Advisory Board	1997 – 2000
7. Allergan Medical Advisory Board	1997 – present
8. AMO Medical Advisory Board	2000 – present
9. National Glaucoma Society Board	2003-present
10. Prevent Blindness America, Board of Directors	2007-2013
11. PAFA Board Vanderbilt University	2012-present

Ophthalmic Publications and Editorial Review Boards

1. Reviewer, Journal of the American Optometric Association	1984 – 2012
2. Editorial Board, Clinical Eye and Vision Care	1994- 2001
3. Optometry News, Editorial Board	2011- present
4. Review of Optometry, Editorial Review Board	1997 - present
5. Editorial Board, Primary Care Optometry News	1997 – present
6. Clinical Editor, Optometric Management	2001-2011
7. Column Editor, Review of Cornea & Contact Lens	2014=present

CONTINUING EDUCATION ACTIVITIES

1. Director, Office of Professional Continuing Education SUNY	1992-1998
2. CE Chair, American Optometric Association National Meeting	1997- 2002
3. Chairman, National Glaucoma Symposium	2003-Present
4. President, Atlantic Health Systems	2003-Present

REFERENCES

Provided upon request